

JENNIFER DUNBAR LENARDSON
Cutler Institute for Health and Social Policy
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EDUCATION

1994 - 1997 **Johns Hopkins University Bloomberg School of Public Health, Baltimore, MD**
Master of Health Science in Health Policy

1988 - 1992 **Trinity Washington University, Washington, DC**
Bachelor of Arts in Public Communications, cum laude
Comprehensive Examination, Departmental Honors, 1992
Awarded Julia McGroarty Founder's Scholarship, 1988 - 1992

1989 - 1990 **Trinity Washington University, Sophomore Year in Oxford, England**
Researched, wrote, and presented essays of historic, economic, and literary significance.

SAS programming coursework through the SAS Institute

EXPERIENCE

2006 – Current
Research Associate **University of Southern Maine, Cutler Institute for Health and Social Policy**
Conducts qualitative and quantitative health policy research. Current projects include analysis of national survey data to examine rural counties at-risk of an HIV/Hepatitis C outbreak, opioid misuse among rural and urban young adults, and rural-urban differences in mortality. Recent work includes rural-urban examination of preventive services among women, the use high-deductible health plans, consequences of being uninsured, risk and protective factors for adolescent alcohol use, prevalence, access, profile of rural-urban health insurance coverage, and analysis of detoxification and substance abuse treatment across rural areas.

2001 – 2002
Policy Associate **Health Systems Research, Inc.**
Conducted qualitative and quantitative research in maternal and child health. Projects included analysis of focus group transcripts of parents with children enrolled in Medicaid, the Children's Health Insurance Program (CHIP), and private insurance on outreach; and examination of National Survey of American Families data for children's compliance with professional standards of preventive medical and dental care.

2000 – 2001
Consultant **Project HOPE Center for Health Affairs, HSI Network, and Consumers for Affordable Health Care Foundation**
Conducted data analysis and wrote and edited journal manuscripts and grant proposals.

1997 - 2000
Policy Analyst **Project HOPE Center for Health Affairs**
Performed objective analyses on a wide range of health policy issues. Responsibilities included writing, editing, preparation of proposals and reports, and qualitative and quantitative research. Research areas included analysis of barriers to insurance coverage among employed Hispanics using national health surveys; examination of CHIP in rural areas through telephone interviews; analysis of where care is received and migration among persons with HIV using the first nationally representative dataset of the population. Other projects included prevalence and societal costs of deafness; an economic model of schizophrenia treatment options; and communication between HCFA and Medicare beneficiaries and providers.

1993 – 1997
Research Assistant **McManus Health Policy, Inc.**
Concentrated on the financing and delivery of health services to children. Responsibilities included: surveying state Medicaid officials and reviewing managed care contracts to obtain

information on managed care policies; assisting in site visits and reports detailing impact of Section 1115 waivers on children; conducting telephone interviews with national maternal and child health organizations, private insurance firms, state Medicaid agencies, and state and community-based programs to examine innovations in the financing and delivery of parent education programs in health care settings; and analysis of innovative approaches in the delivery of services to children in managed care settings; and analysis of federal health reform efforts.

PUBLICATIONS AND PRESENTATIONS

Ziller EC, **Lenardson JD**, Paluso NC, Talbot JA, Daley A. Rural-Urban Differences in the Decline of Adolescent Cigarette Smoking. *American Journal of Public Health*. Accepted for publication January 13, 2019.

Talbot JA, Elbaum Williamson M, Pearson K, **Lenardson JD**, et al. *Advancing Tobacco Prevention and Control in Rural America*. Portland, ME: Maine Public Health Institute, 2019.

Ziller EC, Thayer, D, **Lenardson JD**. *Medicaid Income Eligibility Transitions Among Rural Adults*. Portland, ME: Maine Rural Health Research Center; August, 2018. PB-71.

Lenardson JD, & Smith ML. Catastrophic consequences: The link between rural opioid use and HIV/AIDS. In F.M. Parks, G.S. Felzien, & S. Jue (Eds.), *HIV/AIDS in Rural Communities: Research, Education, and Advocacy*. Pp. 89-108. New York: Springer Publishing Company, 2017.

Ziller EC, **Lenardson JD**, Burgess AR. *Knowledge of Health Insurance Concepts and the Affordable Care Act among Rural Residents*. Portland, ME: Maine Rural Health Research Center; July, 2017. PB-68.

Ziller EC, **Lenardson JD**, Burgess AR. *The Role of Public Versus Private Health Insurance in Ensuring Health Care Access & Affordability for Low-Income Rural Children*. Portland, ME: Maine Rural Health Research Center; May, 2017. PB-67.

Lenardson JD, Gale JA. The Rise of Opioid Abuse in Rural Communities – Prevalence and Strategies. Presentation delivered to the 8th Annual Rural Behavioral Health Practice Conference (web), October 21, 2016 and the National Association of Rural Mental Health Annual Meeting, Portland, ME, June 17, 2016.

Lenardson JD, Gale JA, & Ziller EC. *Rural Opioid Abuse: Prevalence and User Characteristics*. Portland, ME: Maine Rural Health Research Center, University of Southern Maine. Policy Brief #63-1, February 2016.

Ziller EC, **Lenardson JD**, Coburn AF. *Rural Adults Delay, Forego, and Strategize to Afford Their Pre-ACA Health Care*. Portland, ME: Maine Rural Health Research Center, University of Southern Maine. Policy Brief #61, November 2015.

Ziller EC, **Lenardson JD**, Coburn AF. *Rural Disabled Medicare Beneficiaries Spend More Out-of-Pocket Than Their Urban Counterparts*. Portland, ME: Maine Rural Health Research Center, University of Southern Maine. Policy Brief #60, November 2015.

Gale J, **Lenardson JD**. Catastrophic Consequences: Preliminary Findings on the Use of Opioids in Rural Communities. Paper presented at: Rural Health Research Gateway Webinar; 25 June, 2015.

Lenardson JD, Hansen AY, Hartley D: Rural and remote food environments and obesity. *Current Obesity Reports*, 4(1):46-53, 2015.

Lenardson JD, Griffin E, Croll Z, Ziller EC, Coburn AF: *Profile of Rural Residential Care Facilities: A Chartbook*. Portland, ME: Maine Rural Health Research Center, University of Southern Maine, January 2014.

Lenardson JD, Ziller EC, Coburn AF: *Prevalence of High Deductible Health Insurance Plans in Rural Areas*. Portland, ME: Maine Rural Health Research Center, University of Southern Maine. Working Paper #55, May 2014.

Anderson N, Neuwirth S, **Lenardson JD**, Hartley D: *Patterns of Care for Rural and Urban Children with Mental Health Problems*. Portland, ME: Maine Rural Health Research Center, University of Southern Maine. Working Paper #49, June 2013.

Ziller EC, **Lenardson JD**, Coburn AF: Health care access and use among the rural uninsured. *Journal of Health Care for the Poor and Underserved*, 23(3):1327-1345, August 2012.

Lenardson JD, Hartley D, Gale JA, Pearson KB. Substance Use and Abuse in Rural America. In: Smalley KB, Warren JC, Rainer JP, Eds. *Rural Mental Health*. New York, NY: Springer Publishing Co.; June 2012.

Gale JA, **Lenardson JD**, Lambert D, Hartley D: *Adolescent Alcohol Use: Do Risk and Protective Factors Explain Rural-Urban Differences?* Portland, ME: Maine Rural Health Research Center, University of Southern Maine. Working Paper #48, March 2012.

Hartley D, Anderson N, Fox K, **Lenardson J**. How does the rural food environment affect rural childhood obesity? *Childhood Obesity*, 7(6): 450-461, December 2011.

Lenardson JD, Ziller EC, Lambert D, Race MM, Yousefian A: *Access to Mental Health Services and Family Impact of Rural Children with Mental Health Needs*. Portland, ME: Maine Rural Health Research Center, University of Southern Maine. Working Paper #45, October 2010. Poster presentation at the 23rd Annual Children's Mental Health Conference, Tampa, FL, March 7-10, 2010 and the National Rural Health Association Annual Meeting, Savannah, GA, May 18-21, 2010. Best research poster - NRHA.

Lenardson JD, Race MM, Gale JA: *Availability, Characteristics, and Role of Detoxification Services in Rural Areas*. Portland, ME: Maine Rural Health Research Center, University of Southern Maine. Working Paper #41, December 2009.

Lenardson JD, Ziller EC, Coburn AF, Anderson NJ: *Profile of Rural Health Insurance Coverage: A Chartbook*. Portland, ME: Maine Rural Health Research Center, University of Southern Maine, June 2009.

Lambert D, Ziller EC, **Lenardson JD**: *Use of Mental Health Services By Rural Children*. Portland, ME: Maine Rural Health Research Center, University of Southern Maine. Working Paper #39, March 2008.

Lenardson JD, McGuire C, Alfreds S, Keith R. *Understanding Changes to Physician Practice Arrangements in Maine and New Hampshire*. Portland, ME: Muskie School of Public Service, University of Southern Maine, January 2008.

Lenardson JD, Gale JA: *Distribution of Substance Abuse Treatment Facilities Across the Rural – Urban Continuum*. Portland, ME: Maine Rural Health Research Center, University of Southern Maine. Working Paper #35, October 2007.

Gale JA, **Lenardson JD**, Race M, Gregg WR, Casey M, Richardson I, Rutledge S: State Initiatives Funded by the Medicare Rural Hospital Flexibility Grant Program. Portland, ME: Flex Monitoring Team. Policy Brief #3, December 2007.

Lenardson JD, Hartley D. *Maine's Rural Health Challenges*. Issue Brief prepared for the Maine Legislative Policy Forum on Health Care on January 26, 2007.

Lenardson JD, Gale JA. *Rural and Urban Distribution of Substance Abuse Treatment Services*. Presentation delivered at the annual meeting of the National Organization of State Offices of Rural Health. Portland, ME, September 28, 2006.

Lenardson JD, Gale JA. *Quality and Performance Improvement Grant Activities Under the Flex Program*. Flex Monitoring Team Briefing Paper No. 12. Portland, ME: Institute for Health Policy, Muskie School of Public Service, University of Southern Maine. August, 2006.

Yu SM, Bellamy HA, Kogan MD, **Dunbar JL**, Schwalberg RH, Schuster MA. Factors that influence receipt of recommended preventive pediatric health and dental care. *Pediatrics*, 110(6): 2002.

Bellamy H, Schwalberg R, Borzsak D, **Dunbar JL**, Botsko C, Hart J, Perry M, Dulio A. Findings From the State Children's Health Insurance Program Focus Group Study. Prepared for the Office of the Assistant Secretary for Planning and Evaluation, 2002.

Schur CL, Berk ML, Shapiro M, **Dunbar JL**, Bozzette S. Where to seek care: an examination of persons in rural areas with HIV/AIDS. *Journal of Rural Health*, 18(2): 337-347, 2002.

Blanchfield B, Feldman J, **Dunbar JL**. The severely to profoundly hearing impaired population in the United States: prevalence and demographics. *Journal of the American Academy of Audiology*, 12(4):183-189, 2001.

Parente ST, **Dunbar JL**. Does information technology improve the financial performance of U.S. hospitals? *International Journal of Health Technology Management*, 3(1):48-58, 2001.

Mohr P, Feldman J, **Dunbar JL**, McConkey-Robbins A, Niparko JK, Rittenhouse RK, Skinner MW. The societal costs of severe to profound hearing loss in the United States. *International Journal of Technology Assessment in Health Care*, 16(4):1120-1135, 2000.

Berk ML, Schur CL, **Dunbar JL**, Bozzette S, Shapiro M. *Migration of Persons with HIV/AIDS*. Bethesda, MD: Project HOPE Walsh Center for Rural Health Analysis Working Paper, 2000.

Sutton JP, Franco SJ, **Dunbar JL**, Blanchfield B. *Rural Dimensions of Medicare Reimbursement for Inpatient and Outpatient Institutional Services*. Bethesda, MD: Project HOPE Walsh Center for Rural Health Analysis Working Paper, 2000.

Dunbar JL, Sloane HI, Mueller CD. *Implementation of the Children's Health Insurance Program: Outreach, Enrollment, and Provider Participation in Rural Areas*. Bethesda, MD: Project HOPE Walsh Center for Rural Health Analysis, November 1999.

Dunbar JL. *Communicating Medicare Information to Rural Elderly Beneficiaries*. Presented as a contributed paper to the 22nd Annual Meeting of the National Rural Health Association in San Diego, CA, May 29, 1999.

Dunbar JL. *Summary Report on the Rural Medicare Population: HCFA Market Research for Beneficiaries*. Report submitted to the Health Care Financing Administration, October 1998.

Mohr P, **Dunbar JL**, Neumann P, Claxton K, Araki S. *Development of a Policy Model for the Treatment of Schizophrenia: Phase II. Strengthening the Underlying Data*. Submitted to: Janssen Pharmaceutica Research Foundation, July 1998.

Parente ST, Leon J, **Dunbar JL**. *Understanding the Growth in Medicare Home Health Use and Expenditure*. Bethesda, MD: Project HOPE Center for Health Affairs, January 1998.

Dunbar JL, Mueller CD. *Anticipating the 1997 State Children's Health Insurance Program: What's Current in Five Rural States?* Bethesda, MD: Project HOPE Walsh Center for Rural Health Analysis, January 1998.

Leon J, Cheng M, **Dunbar JL**. *Trends in Special Care: The 1995 National Nursing Home Census of Sub-Acute Units*. Prepared for the National Institute on Aging and the Assistant Secretary for Planning and Evaluation, September 1997.

Dunbar JL. *Impacts of State Medicaid Demonstration Waiver Programs on Children: Results from Hawaii, Oregon, Rhode Island, and Tennessee*. Delivered to the American Rehabilitation Association, June 1996, and the World Futures Society, July 1996.

McManus M, **Dunbar JL**, Sharma S. *Opportunities to Secure Private Health Insurance and Medicaid Reimbursement for Parent Education*. Prepared for The Commonwealth Fund's Healthy Start for Young Children Program, Washington, D.C.: McManus Health Policy, Inc., 1995.

Other Experience

2011-present Reviewer -- Journal of Rural Health, Journal of Health Care for the Poor and Underserved, Journal of Rural Mental Health

2015-present Yarmouth Education Foundation Board of Directors