

## Sara S. Kahn-Troster

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### Experience

#### **2015 – present Muskie School of Public Service, University of Southern Maine, Portland, ME.**

Policy Associate (2017-present). Previous titles: Research Associate (2016- 2017); Research Analyst (2015-16):

*Flex Monitoring Team*, responsibilities include qualitative research; policy analysis and writing; project management; program evaluation; stakeholder interviews; and supervision of graduate students. Funded by the Federal Office of Rural Health Policy (2015-present).

*Maine Rural Health Research Center*, responsibilities include qualitative research and interviewing; project management; proposal writing; and supervision of graduate assistants. Funded by the Federal Office of Rural Health Policy (2015-present).

*Rural Catalyst and Accelerator Grants Evaluation* (Primary Investigator), responsibilities for the evaluation of a rural health system transformation grant include program evaluation, grantee interviews, reporting writing, and technical assistance. Funded by the Maine Health Access Foundation (2018-present)

*Sustainable Public-Private Strategies to Improve Population Health in Maine* (Project Director), responsibilities include key informant interviews; policy analysis; development of interim and final reports and recommendations; project management; and supervision of graduate students. Funded by MaineHealth (2017-2018).

*Public Health Data Analytics Workgroup* (Project Manager), responsibilities include strategic planning and logistical support. Funded by the Maine Economic Improvement Fund at the University of Southern Maine (2017-present).

*Communities Working Across Sectors to Achieve Better Rural Health: Lessons from Oxford County* (Project Director), responsibilities for the convening of a one-day meeting of community and regional stakeholders include development of meeting agenda and other materials, budget management, and logistics. Funded by the Robert Wood Johnson Foundation (2017).

*Innovations in Rural Health System Development*, responsibilities include researching and writing issue briefs on innovative developments at federally qualified health centers, in health care governance, and in moving rural health systems to value-based payment. Funded by the Maine Health Access Foundation (2016-2017).

*Maine Rural Health Profiles*, responsibilities included researching secondary data to prepare county-by-county profiles of health status and health resources in Maine's Counties, and developing and coauthoring profiles and statewide overview. Funded by the Maine Health Access Foundation (2015-16).

**2013 – 14 Muskie School of Public Service, University of Southern Maine, Portland, ME.**

Graduate Assistant, Portland Public Health Cross-Jurisdictional Sharing Project: Gathered feedback from regional listening sessions. Updated data tables and charts detailing regional usage of Portland Public Health services, as well as updated town and county health care usage fact sheets. Assisted with report writing. Funded by the Robert Wood Johnson Foundation.

**2013 Division of Elder Care Services: MaineHealth, Portland, ME.**

Summer Intern: Developed patient listening sessions for the MaineHealth Accountable Care Organization Patient Advisory Council, including creation of session guide. Created transcripts of and prepared session discussion summaries. Drafted final report.

**2012-13 Muskie School of Public Service, University of Southern Maine, Portland, ME.**

Graduate Assistant, Maine Rural Health Research Center: Conducted literature review on Medicaid expansion and newly eligible populations. Collected historical and national state policy data on Medicaid waiver activity.

**2006-08 The Jewish Guild for the Blind [now Lighthouse Guild], New York, NY.**

Research Associate, Development Office: Researched prospective donors and foundations. Wrote and edited grant proposals and reports. Provided ongoing research support to the Executive Office.

Research Assistant, Executive Office: Researched new programs and healthcare initiatives and produced summary reports.

**Publications**

**2018 Kahn-Troster S, Gale J, Hansen A, Coburn A. *An Interim Evaluation Report of the Innovative Projects Portfolio of the Medicare Flex Grant Program.* Portland, ME: Flex Monitoring Team, University of Southern Maine; January, 2018. Briefing Paper #37.**

**2017 Pearson, K., Gale, J., Kahn-Troster, S., Coburn, A. *State Flex Program rural emergency medical services assessment strategies.* Portland, ME: University of Southern Maine, Flex Monitoring Team; November, 2017. Policy Brief #46.**

**Kahn-Troster, S, Burgess A, Coburn, A. *Innovations in Rural Health System Development: Federally Qualified Health Center Initiatives.* Portland, ME: University of Southern Maine, Maine Rural Health Research Center; September, 2017.**

**2016 Kahn-Troster S, Coburn A. *Innovations in Rural Health System Development: Governance.* Portland, ME: University of Southern Maine, Maine Rural Health Research Center; November, 2016.**

**Kahn-Troster S, Coburn A. *Innovations in Rural Health System Development: Moving Rural Health Systems to Value-Based Payment.*** Portland, ME: University of Southern Maine, Maine Rural Health Research Center; November, 2016.

**Kahn-Troster, S, Burgess, A, Coburn, A, et al. *Maine Rural Health Profiles.*** Portland, ME: University of Southern Maine, Muskie School of Public Service, Maine Rural Health Research Center; September 2016.

**2015 Kahn-Troster, S, Sheedy, K. *State Community Health Worker Models.***  
Summary Chart: <http://www.nashp.org/state-community-health-worker-models-3/>

### **Presentations**

**2017** “Lessons from the Flex States’ Integration of Innovative Health Care Models Program.” Annual Conference, New England Rural Health RoundTable.

### **Education**

**M.P.H. Public Health, 2015**  
Muskie School of Public Service, University of Southern Maine, Portland, ME.  
Capstone: *State Community Health Worker Models.* A collaboration with the National Academy for State Health Policy

**M. Phil. History, 2005**  
**M.A. History, 2004**  
Fordham University, Graduate School of Arts and Sciences, Bronx, N.Y.

**B.A. History and Latin, 2001**  
Brandeis University, Waltham, Mass.  
•*Summa cum laude*, with high honors in History and Latin

### **Professional Organizations**

*New England Rural Health RoundTable*, 2017-present  
(under the Maine Rural Health Research Center organizational membership)